

Books and Movies with Characters Who Develop Resilience

Elementary School:

NO DAVID – David Shannon
WHEN SOPHIE GETS REALLY REALLY ANGRY – Molly Bang
OWL BABIES _ Martin Waddell
HANK ZIPPER – (series) – Henry Winkler
THE TINY SEED – Eric Carle
CLICK, CLACK, MOO: COWS THAT TYPE – Doreen Cronin
THE PAPER BAG PRINCESS – Robert Munsch
VISITOR FOR BEAR – Bonny Becker
ONE HEN: HOW ONE SMALL LOAN MADE A BIG DIFFERENCE – Katie Smith
Midway
STELLALUNA – Janell Cannon

Middle School:

HANK ZIPPER – (series) – Henry Winkler
OUT OF MY MIND – Sharon M. Draper
THE GIVER – Lois Lowry
TURTLES ALL THE WAY DOWN – John Green
HATCHET – Gary Paulsen
THE OUTSIDERS – S. E. Hinton
I JUST WANT TO BE ME – Timothy Bowden)

High School:

BILLY ELLIOT – Greg Brenman and Jon Finn.
DUMPLIN – Julie Murphy
IF I STAY – GAYLE FORMAN
LIFE IS BEAUTIFUL – (1997 Film)
MAYBE A FOX – Kathi Appelt
PAX – Sara Pennypacker
PURSUIT OF HAPPYNESS – (2006 Film)
RAYMIE NIGHTINGALE – Kate DiCamillo
SAVE ME A SEAT – Sarah Weeks
SHAWSHANK REDEMPTION – (1994 Film)
SPEAK – Laurie Halse Anderson
THE BOY AT THE TOP OF THE MOUNTAIN – John Boyne
WHEN FRIENDSHIP FOLLOWED ME HOME – Paul Griffin

Any Age:

HARRY POTTER – (series) J. K. Rowling